



Together on the journey of recovery

Conference 21-22 May 2026 Prague

<https://thecare-network.com/care-event-2026/>

Preliminary Programme

Thursday 21 May

- 8.30-9.30 Registration / coffee-tea
- 9.30-10.00 Welcome and introduction to the conference by the conference chair (Rosalie Metze)
Words of welcome by different speakers
- 10.00 – 10.30 *The power of peer support. Experiences in horizontal, non-hierarchical groups.*
Keynote by Michal Kašpar, expert-by-experience, Czech Republic
- 10.30 – 11.00 *Recovery as transformation: culturally-informed approaches to meeting local challenges.* Keynote by Professor Mike Slade, University of Nottingham, UK
- 11.00 - 11.30 coffee/tea/water break
- 11.30 – 12.45 1st round of parallel sessions
- Session 1.1 Workshop: *In Recovery everything is possible. Everybody can be angel.* (Nieky Jacobs, Jurry Smit and Dirk den Hollander)
- Session 1.2 Workshop: *Recovery through connection – The Neighbourhood as a Bridge to Full and Equal Citizenship* (Wim Haeck)
- Session 1.3 Oral presentations: (a) *Recovery-Oriented Rehabilitation Expands to Disability Services: The Aalborg Model in Denmark* (Chalotte Glintborg) (b) *An innovative approach to refugee support and integration in the Netherlands* (Leendert de Bell) (c) *Recovery-Oriented Job Coaching* (Joep Binkhorst)
- Session 1.4 Workshop: *Mending Gaps for the Promotion of Recovery and Resilience in Mental Health Education* (Helen Casey and Cecilia Heule)
- 12.45 – 14.00 lunch break
- 14.00 – 14.30 *Trauma sensitive care as a healing practice.* Keynote by Professor Simona Karbouniaris, Leiden University of Applied Sciences, The Netherlands
- 14.30 – 15.45 2nd round of parallel sessions (space for 4 parallel sessions)
- Session 2.1 Workshop: *A Recovery Project Highlighting Experiential Knowledge and Dialogical Connection* (Fahriye Oflaz and Fatma Zengin)
- Session 2.2 Workshop: *Leadership based on recovery values* (Daantje Daniels and Martin Halir)
- Session 2.3 Workshop: *Fabric as a Pathway to Self-Awareness and Connection in Recovery: An Experiential Workshop on Textile Therapy, Writing Practice, and a Reflection Circle* (Ramunė Klumbytė-Abromaitienė)
- Session 2.4 Workshop: *Nonviolent Communication and the 4 Core Acts of the CARE Model – Stronger Together* (Jacquelin Zents)
- 15.45 – 16.15 coffee/tea/water break

- 16.15 – 17.15 'We are all experts' round tables to ask questions and share experiences
- Parallel session 1. Mike Slade: recovery-oriented services and initiatives, how to create and adapt these to your local situation
- Parallel session 2. Alie Weerman and Leonie de Quelerij: developing and working with experiential knowledge
- Parallel session 3. Michal Kašpar and Dirk den Hollander: working with peer support and self-help
- Parallel session 4. Simona Karbouniaris: recovery-oriented trauma-sensitive care
- 18.00 Social event with drinks, food and music

Friday 22 May

- 8.30 - 9.15 Registration / coffee-tea
- 9.15 – 9.25 Welcome and introduction to the second day
- 9.25 – 9.45 *Solidarity with Ukraine. Mental health care in a war situation and future perspectives.* Presentation by Nataliia Pidkaliuk and Mykola Khomitskyi (Ukraine)
- 9.45 – 10.15 *Integration of Peer Support and a Recovery-Based Approach in Mental Health Services Amid Damaging Legal Reforms.* Keynote by expert-by-experience and human rights activist Olga Kalina (Georgia)
- 10.15 – 11.30 3rd round of parallel sessions (space for 4 parallel sessions)
- Session 3.1 Workshop: *Recovery as a guiding principle in organisations: applying recovery-oriented thinking at a team level* (Annelies Hoefsloot and Michelle Flemming)
- Session 3.2 Oral presentations: (a) *Adapting Recovery-Oriented Practices in Central Asia: The CARE Model in Kyrgyzstan* (Lilii Panteleeva) (b) *Perspectives for Implementing the CARE Approach in Ukraine* (Mykola Khomitsky and Natalia Pidkaliuk) (c) *Using Experiential Knowledge: The Affirmation Model, Outsider Art and Arthur Schopenhauer* (Colin Cameron)
- Session 3.3 Workshop: *Gaga Movement Language as healing practice* (Nataša Novotná)
- Session 3.4 Workshop: *Dialogical practice* (Dagmar Narusson and Martin Novak)
- 11.30 – 12.00 coffee/tea/water break
- 12.00 – 13.00 closing session with short presentations and reflections
- Alie Weerman: *Becoming a master; lived experiences and the future of experiential knowledge*
- Pavel Řičan: *Education in recovery-oriented service provision; outcomes of the Erasmus CARE project*
- Jean Pierre Wilken: *Moving towards the future: connectedness as strength*